

MISSION STATEMENT: The Cameron Senior Center is a community focal point where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the center and community.

COUNCIL ON AGING STAFF

Joanne Sheehan
Director of Elder Services
Judith Ramirez
L.I.C.S.W./Social Worker
Annette Cerullo
Elder Outreach Coordinator
Victoria Johnson
Adult Supportive Day Program Coord.
Norma Antonetti, ASD Activities Coord.
Sandra Cullen, Office Manager
Claire France, Senior Assistant
Marjorie Hunter, Registrar
Jean Mahoney, Registrar
Joan Hayward, Registrar
Eugene Jungbluth, Lead Van Driver-Admin.
Joyce Newton, Lead Van Driver-Dispatch
Marie Lawrence, Nutrition Site Manager
Mary Sudak, Evening Supervisor
Christopher Mitchell, Maintenance
Louis Gisetto, ASD Maintenance

COUNCIL ON AGING BOARD MEMBERS

Helena Crocker, Chair
Robert Tierney, Vice Chair
Nancy Cook, Clerk
Dorothy Hall
Cecilia Healy
Patricia Holmes
Ret. Chief George Rogers

FRIENDS OF THE CAMERON OFFICERS

Aurea Rondeau, President
George Rondeau, Vice President
Joyce Cederberg, Secretary
Marjorie Hunter, Treasurer
Marie Lawrence, Asst. Treasurer

SHOVELING, PLOWING OR SANDING

Do you have a neighbor who may not be able to shovel or needs to be snow plowed? If you or a family member is able bodied, we know that our Senior Citizens would appreciate your assistance.

MEN'S BREAKFAST

Our next Men's Breakfast will be held on Tuesday, January 8th at 8 A.M. **Bob Oliphant**, active local Westford resident and historian, will give a power point presentation on **Genealogy**. We hope you'll join us to learn how to get started and about useful resources as you move forward with your own family research. Bob will also bring along handouts for what should be a very interesting and educational program.

Please sign up for the Breakfast at 978-692-5523 or e-mail

jramirez@westfordma.gov. Please remember to include your phone number when you sign up in the event that we need to cancel. As always, we thank the Concord Health Care Center for collaborating with us on this program and appreciate their commitment to their area communities.

INCLEMENT WEATHER

If due to poor weather conditions the Westford School System is closed, the Cameron Senior Center will not be open for activities. Be safe and call ahead at 978-692-5523. In the event of a prolonged power outage or extremely unusual weather conditions caused by storms, the Blanchard Middle School on West Street will be utilized as a shelter for any person that may be in need of this service. Call the Police at 978-692-2161 if you need their assistance.

RESTAURANT REVIEW

Ladies, if you enjoy eating out and would like to do so with others, then join us on the last **Wednesday** of each month. Our first outing will be on **January 30th** to the “99 Restaurant” in Westford. We’ll meet in the Cameron Senior Center lobby at **12:00 Noon** for car pooling and “head count” purposes and then we’ll leave for the restaurant at 12:15 PM. If interested please pre-register at the front desk at 978-692-5523 by Friday, January 25th, Bon Appetit!

FEBRUARY LUNCHEON

Tired of the cold weather already? We have just the solution. Please join us for a luncheon to celebrate **Valentine’s Day on Thursday, February 14th from 10AM-2PM at the Franco-American Club**. The catered lunch will be served around noon and entertainment is planned. Call for reservations by February 6th at 978-692-5523. A \$7 fee is due at registration time. We hope to see you there!

HABITAT FOR HUMANITY

A non-profit Christian organization is building a house in Westford. They are in the process of accepting families to partner with for this affordable land. Volunteers are also needed to work on this great project. To learn more phone 978-454-1046, e-mail familyselection@lowellhabitat.org and visit the website: www.lowellhabitat.org.

FREE WOOD

Habitat for Humanity is beginning to clear a lot in Nabnasset to build a home. The wood is being offered to Seniors locally who can use it. Students at Westford Academy will deliver it to your home. To learn more call Habitat at 978-454-1046.

ASK THE LAWYER

Free legal service is available to all Westford seniors age 60 and over by

appointment on **Wednesday, January 16th from 9 – 11:30 A.M.** Call 978-692-5523 to reserve a time with an Attorney from Attorney Leslie Madge’s office.

PODIATRY CLINIC AT CAMERON

Dr Weakland will be at Cameron on **Wednesday, February 13th at 12:00 Noon**. The cost of the clinic is \$25. Appointments are necessary; call 978-692-5523. The next clinic date will be Wednesday, April 2nd.

MEET AND GREET

Jim Arciero, District Director for Senator Panagiotakos, will be happy to speak with you about your thoughts and concerns about the happenings on Beacon Hill. Jim will be here at the Cameron on **Wednesday, January 30th, from 11:00 AM until 12 Noon**.

ASK OUR REALTOR – Local real estate agents Patrice and Beth of William Raveis Real Estate will be here at the **Cameron on Monday January 14th, from 10:00 – 11:00 A.M.** to answer any questions or concerns you may have regarding real estate matters. Please sign up by calling 978-692-5523. Refreshments will be available.

MEALS ON WHEELS

Are you homebound, age 60 and over, and unable to prepare a hot meal? Let us assist you Monday through Friday by delivering meals to your door around noontime. Call 1-888-820-5423 for more information.

BROWN BAG PROGRAM

Do you have a need for an extra bag of groceries each month? A brown bag of groceries is available for pick up each month for those who have pre-registered for this service at 978-692-5523. The brown bag day for **January** will be **Friday, the 25th from 9 AM to 3 PM**. Delivery can be made if requested in advance.

FOOD PANTRY

The community Food Pantry is located at Cameron and staffed by volunteers. The dates for January are as follows:

- ❑ The fourth **Monday January 28th**, from 1:00 - 3:30 pm.
- ❑ The third **Wednesday, January 16th**, and third **Thursday, January 17th**, from 8:30-11:30 am.

Birthday Gift Bags are available for families using our food pantry with a child's birthday that month. Pre-registration is suggested at 978-692-5523.

GOVERNMENT SURPLUS FOOD

Government Surplus Food is available for those who meet Fuel Assistance guidelines. Stop in Monday, Wednesday or Thursday, from 8 A.M. - 1P.M. and inquire at the Cameron front desk.

FOOD STAMPS – To apply for food stamp benefits call DTA at 1-800-249-2007 or visit their website at www.mass.gov/dta. Approximate monthly income guidelines are: household of one person \$1,552; two person household \$2,082. Medical deductions will change your income eligibility.

EDUCATIONAL MEETING

Come to the **Chelmsford Senior Center** on **Thursday, January 10, 2008 from 10 – 11 AM** to hear **Dr. David Simon**, Assistant Professor of Neurology, Beth Israel Deaconess Medical Center and Harvard Medical School, give us an update on **Parkinson's Disease**. He will speak of symptoms, treatments and all that latest research has to offer. This presentation, sponsored by Respite-Companion Care, is open to the public; refreshments will be available at 9:30 AM.

MEDICAL INFORMATION

BLOOD PRESSURE & MORE:

Provides a blood pressure reading, medication review, weight check and an opportunity to have other concerns reviewed. Both screenings are held at **Cameron**. Dates and times are:

- Second Tuesday of the month, **January 8th**, 9:30-10:30 AM with the Board of Health.
- Fourth Wednesday of the month, **January 23rd**, 8-10 AM with the Lowell VNA. .

SUPPORT GROUPS

- ✓ **ADULT DIABETES SUPPORT GROUP** meets at Saints Memorial Medical Center in Lowell. Call 978-934-8559 for more information.
- ✓ **ALZHEIMER'S & RELATED DEMENTIAS CAREGIVER SUPPORT GROUP** meets the fourth Wednesday of each month from 6-8 PM at The Inn at Robbins Brook, Route 27, Acton. For more information contact Judy at 978-399-2325 or jramirez@westfordma.gov.
- ✓ **ALZHEIMER'S CAREGIVER SUPPORT GROUP** meets the second and fourth Monday of each month from 1 – 2:30 PM at the Chelmsford Senior Center. For more information call 978-251-8491.
- ✓ **BEREAVEMENT SUPPORT GROUP** "You Are Not Alone" meets at the J.V. Fletcher Library, 50 Main St., Westford. The group meets on the second and fourth Thursday from 7-8 PM. Contact Cathy at 978-692-7424.
- ✓ **PARKINSON'S SUPPORT GROUP** meets the first and third Wednesday of each month at John Cummings Building, Donaldson Room, ground floor at Emerson Hospital in Concord, MA, 2-4 p.m. Participants are clients with Parkinson and or caregivers. All are welcome. For information contact Jerry at 978-443-5742 or joconnell@bentley.edu.
- ✓ **PERIPHERAL NEUROPATHY SUPPORT GROUP** meets at Lowell

General Hospital in the Clark Auditorium. For more information contact Carol at 978-263-0484.

SHINE

If you need a SHINE (Serving the Health Information Needs of Elders) appointment to answer your health insurance questions please call the Cameron at 978-692-5523 and leave your name and phone number.

PART D NEW INFORMATION

Enrollment for the Medicare Part D prescription drug plans ended December 31, 2007. Fortunately, Massachusetts residents can still join a Medicare Part D plan by enrolling in Prescription Advantage, the state's pharmacy assistance program. Medicare allows Prescription Advantage members to join a Medicare plan without having to wait until next November.

If you are concerned about added cost, you will be happy to know that there is no charge for Prescription Advantage for members with an annual income less than \$30,630 for a single person and \$41,070 for a married couple. And, depending on your income and the Medicare prescription drug plan you choose, Prescription Advantage may help pay all or part of your Medicare prescription drug plan's monthly premium, deductible and drug co-payments.

There is no reason not to have coverage for your prescription drugs. Call Prescription Advantage today for an application form. You can reach Prescription Advantage Customer Service toll-free at 1-800-AGE-INFO (1-800-243-4636) or TTY for the deaf and hard of hearing at 1-877-610-0241.

ADULT SUPPORTIVE DAY PROGRAM

The Westford COA Adult Supportive Day Program want to wish you a Happy New Year. We are looking forward to an exciting New Year at the program. We hope this is

the year you decide to check us out. We are located at 65 Tadmuck Road and are open four days a week, Mondays thru Thursdays, and would be happy to have you join us. Our activity calendar changes monthly. If you would like more information regarding our program please call Victoria or Norma at 978-692-0803. We look forward to hearing from you.

BOARD OF HEALTH CLINICS

Hearing & Hearing Aid Test

Appointments are required by calling the Board of Health at 978-692-5509. The next date is **January, 22nd from 9:30-11:30AM** at the Cameron Senior Center. Future dates are February 19th, and March 17th. Tests are Free and provided by Rogers Hearing Solutions.

DENTAL GRANT

The Director of Health Services in conjunction with the Director of Elder Services has been awarded funding from the Community Foundation to provide dental work to Westford seniors. If you would like to be considered for this program please contact us at 978-692-5523 for an application.

DENTAL HYGIENE CLINIC

At Middlesex Community College is available September – April for cleanings, cost is \$15, for those age 60 and over. Call 978-656-3250 for information and to make an appointment.

DID YOU KNOW???

All consumers should know that the digital television transition is coming in the next year. Congress has set the deadline of February 17, 2009 as the date that all U.S. television stations will stop broadcasting in analog format, as they do now, and will transmit only in digital technology to provide improved picture and sound quality.

Consumers buying television sets and DVD players over the next year should be sure that the equipment has a digital tuner or digital receiver. If your TV does not have a digital tuner you will need to buy a digital to analog converter box next year. Between January 1, 2008 and March 31, 2009 all U.S. households will be eligible for two coupons worth \$40 each to purchase converter boxes. More information will follow over the next year. If you would like a packet of information or have any questions, call Annette at 978-399-2326 or visit the website www.dtv.gov

ACTIVITIES

Cameron is closed on Monday, January 21st, due to the Martin Luther King Holiday. Confirm class dates with your instructors.

AEROBICS with Elaine. Wednesdays at 9AM and Fridays at 8:30 AM. The fee is \$3.00 per class.

ART CLASS with Stella. Wednesdays at 9AM. All mediums used. Cost is \$5 per class.

BINGO – Thursdays, 7-9:30 PM. Doors open _ hour early. Transportation is available by calling 978-399-2322. **In case of inclement weather, call before 4 P.M.**

BOOKMOBILE

The J.V. Fletcher Library bookmobile is scheduled to stop at Cameron on **two Wednesday's, January 9th & 30th at 10:45AM.**

BOWLING – Wednesday 9:15 AM at Brunswick Lanes in Lowell. Call Mary at 978-692-6867 for more info.

MEN'S BREAKFAST Held on the second Tuesday of each month. The next breakfast will be on **Tuesday, January 8th at 8 AM.**

Pre-register at 978-692-5523.

CONTRACT BRIDGE - Tuesday's group is open to all levels and new players are encouraged to join from 1:00 – 4:00 PM. Advanced players meet on Fridays from 12:30 – 4:00 PM.

BUSY FINGERS – Is a group that meets every Monday & Wednesday, 1-3 P.M. to make knitted and crocheted items. Great conversation!

CANASTA – has a lively and fun group that currently plays every Thursday from 1:00-3:30 P.M. Feel free to join us.

CERAMICS with Carol every Monday at 9:30 A.M. The fee is \$5.00 per class. Come and join us.

“CHEER” Chair Movement - Tuesday and Thursday 10:45 – 11:30 A.M....This is our popular gentle exercise class that includes all elements of Body Conditioning and Aerobic Activity, breathing techniques, stretching, toning and gentle core muscle workout. Hand weights and stretch bands maybe used and are provided as well as optional for the participant. The fee is \$3.00 per class. **NO classes on January 10, 15 and 17th.**

COMPUTER INSTRUCTION

All levels of individual and group instruction available on Thursdays starting at 9:00AM at the Cameron. Appointments needed, please call to schedule time 978-692-5523. Fee is \$5 per class. Alternate day may be available.

CONGREGATE MEAL SITE

The Merrimack Valley Nutrition Program provides anyone age 60 and over, or couples with one partner having reached the age of 60, with low cost nutritional meals at Cameron, Monday – Friday at 11:30 AM.

Call 978-692-4480 a minimum of two days in advance between 10:00 - 11:00 AM to make your reservation. The donation is \$2.00.

CRIBBAGE – Meets every week on Wednesdays, from 1:00 to 3:00 PM.

INDIAN SENIOR GATHERING – senior citizens from our Indian community will be gathering at Cameron on a monthly basis. This month they will meet on **Tuesday, January 22nd from 11 A.M. – 1 P.M.** e-mail Purna at pbtula@gmail.com

LINE DANCING WITH ELLEN
Tuesdays, from 2:00-3:00 PM. Sign up for this FREE class by calling 978-692-5523.
NO CLASS on January 15th.

MUSIC MAKERS - at the Cameron meets **Fridays from 9-10:30AM** under the direction of Ann. Resuming rehearsals on Friday, February 8th 2008.

POOL TABLES are available for your use Monday-Friday 8 AM -4 PM.

RED HAT SOCIETY - for info on upcoming events, call Carol at 978-692-6084.

SCRABBLE
The group plays on Tuesday afternoons from 1:00 PM to 3:30 PM and more players are welcome.

TAI-CHI
At Plum Blossom Academy, 222 Great Road #13, Littleton MA. FREE one hour classes every Wednesday at 10:00 AM for people 65 or older. They can be reached at 978-486-3095.

LEARN ENGLISH
We have another opportunity for Chinese speaking seniors to learn the English language. Weekly classes will resume in

early February and are held at the Westford Academy. If you are interested, please contact Annette at 399-2326.

eBAY SUPPORT FOR THE CAMERON
Ben Huson, a Westford Academy student who previously volunteered at the Cameron, has started a home eBay business and is willing to donate a percentage of any income he gains from selling your items. If you have any items that you wish to sell, (item must have a value of at least \$50), you can call Ben directly at 978-692-2407, or call Sandy at the COA 978-692-5523. If your item is sold, you receive 40% of the selling price and the Senior Center receives 10%.

TRANSPORTATION
We travel in Westford and to all of the surrounding towns, as well as Lowell, Concord, Ayer and Billerica. We also provide transportation on **Thursday evenings** to and from Bingo at the Cameron Senior Center. **During the month of January we will be going to the Pheasant Lane Mall on the 7th and the 28th.** Rides are booked on a first come basis, so call Joyce at **978-399-2322 (transportation desk)** as soon as you know that you will need a ride. The round trip ride fees are \$3 in Westford, \$4 for surrounding towns and \$6 outside the area. If you need to **cancel on the day of your ride** please call the front desk at 978-692-5523 so that the driver can be notified.

COMPANION & RESPITE CARE
For age 60 & over and/or disabled residents. This service provides supervisory care to allow the caretaker a time of rest. This service is available days, evenings, overnights and weekends, on a temporary or permanent basis. The cost is \$9.00 per hour. For more information call Pat or Lucille at

the Chelmsford Senior Center at 978-251-8491.

SENIOR SOCIAL SERVICES

Our Social Worker is Judy, L.I.C.S.W. She is available for home and office visits, and interventions (in person or by phone) within the community, with a confidential and caring approach. Many of our seniors are homebound and they and their families may be unaware of the services that are available for them. Some examples that may be provided include securing in-home services, referrals to Day Programs, and crisis intervention. If you think Judy may be able to help you or anyone you believe is in need of her assistance, please call her at 978-399-2325.

OUTREACH

As my title states, it is my job to “reach out” to our seniors in Westford and help them address their needs. We currently have a visually impaired gentleman who enjoys learning and would benefit from someone willing to read to him. If you like reading philosophy and want the opportunity to bring the joy of books to another, than give Annette a call at 978-399-2326. Also, feel free to call if you would like some assistance problem solving your own needs as well. We’re here for you.

NEW ACTIVITY IDEAS

We are thinking of starting some new activities here at the center. If you have any interest in leading or participating in any of the following ideas, i.e., genealogy, scrap booking, quilting, crafts or sewing please call Annette at 978-399-2326.

HANDYMAN HELP

We are fortunate to have the dedication of a local semi retired man and a men’s group from a local church who are willing to volunteer their time to our seniors. They can help with painting projects, carpet

cleaning and small carpentry repairs in your home. If you are in need of some assistance please call Annette, the Outreach Coordinator, at 978-399-2326 to set up this service.

FINANCIAL INFORMATION

PROPERTY TAX PAYMENT

On **Wednesday January 23rd**, from **11:30 AM -12:30 PM**, Peggy from the Tax Collector’s office will be at Cameron to accept tax payments. You can pay by check and you need to have your tax bill with you at that time. Cameron is handicap accessible.

INCOME TAX HELP

Hal, the volunteer tax expert, will be back this year to help you complete and electronically file your 2007 federal and Massachusetts income tax returns. This is a free service sponsored by AARP. Please call the Senior Center at 978 692-5523 to schedule an appointment. Hal has all the tax forms that are needed to be filled out – you do not need to bring any blank forms with you. If you are filing a Massachusetts return for the Circuit Breaker refund it is important to mention that when you call for an appointment.

What to bring with you:

- Your W-2s, SSA-1099s, and 1099s (DIV, INT, B, G, MISC, etc)
- Your MA 1099-HC (this is a new form).
- The amount of state and federal estimated tax payments that you made.
- The quarterly property tax bills that you paid in calendar year 2007 (bring all four bills).
- The water bills that you paid in calendar year 2007 (bring all four bills).
- Your 2006 federal and state tax return.

- If you sold any stock or bonds, bring the date that you bought the stock or bonds and the amount that you paid for them.
- If you have any mutual fund, bring any information provided by the mutual fund concerning how much of the dividends are exempt from Massachusetts income tax.

PROPERTY TAX RELIEF

Community Preservation Act (CPA) Exemption Applications are now available at the Assessors Office. You must complete this application to be exempt from the additional 3% placed on your property tax bill. We encourage all homeowners to go to the Assessors office to receive the CPA exemption application. The Assessors Office phone number is (978) 692-5504. They also currently offer exemptions for the Blind, Veterans, Tax Deferrals and persons who are over 70.

PROPERTY TAX EXEMPTION

You may be eligible to reduce all or a portion of the taxes assessed your domicile if you meet the qualifications for one of the exemptions allowed under MA state law. The following groups of people may be eligible: Veterans with at least 10% service connected disability, or their surviving spouse, minor of deceased parent; blind; Senior Citizen age 70 or older. Your application must be filed in a timely manner or you lose all rights to an exemption (3 months from postmark of January tax bill) and the Assessors office cannot by law, grant you one. Call the Assessors Office for more information or if you would like to apply. Karyn, Mary or Linda can be reached at 978-692-5504.

PROPERTY TAX DEFERRAL

Are you struggling to pay your real estate taxes? Have you considered deferring these

taxes? In 2006, Town Meeting voted to reduce the interest rate for tax deferrals from 8% to **0%**! You may be eligible to defer payment of all or a portion of the taxes assessed on the property you own and occupy if you are age 65 or older, your income doesn't exceed \$40,000 and you are willing to enter into a Tax Deferral Agreement with the Board of Assessors. You must apply within 30 days of your third quarter tax bill, which comes out on or about January 1, 2008. You can defer up to 1/2 the value of your house without interest and the Town is paid at the time you sell your home. Please contact Karyn, Mary or Linda in the Assessors office at 978-692-5504 for more detailed information or an application.

FUEL ASSISTANCE

Fuel Assistance income eligibility guidelines are: annual income for a household family size of one - \$20,420 and family size of two - \$27,380. Call 978-692-5523 to set up a 45 minute appointment. You may qualify for heating repairs or cleaning along with energy saver appliances. When you call to schedule your appointment ask for the additional information that you will need to be mailed to you.

CITIZEN'S ENERGY

If you are in need of fuel oil please take advantage of the Joseph Kennedy Fuel Oil Program. You do not have to be on fuel assistance to qualify for this program. If you are on fuel assistance, you must use up your fuel assistance allotment before applying for the Citizen's Energy Program. Call Community Teamwork at 978-459-6161 and ask for the Citizen's Energy Program. They provide a one time delivery of 100 gallons of oil at 40%.

GOOD NEIGHBOR ENERGY FUND

The fund is available to any qualified Massachusetts resident who is not eligible

for state or federal fuel assistance, but due to financial difficulty, cannot meet a month's fuel expense. A one time payment of \$275 is available. To qualify, an applicant's gross household income must fall within these ranges:

2007-2008 Guidelines for a family of:

- 1: \$20,420. - 28,078.
- 2: \$27,380. - 37,648.
- 3: \$34,340. - 47,218.
- 4: \$41,300. - 56,788.

You must apply at the Salvation Army's office closest to you. The Lowell office is at 978-458-3396.

FREE ENERGY

If you are approved for Fuel Assistance, you may also qualify for the following free energy program: **Weatherization:** Renters (excluding heat included in rent) and homeowners are eligible for this program. You may qualify to have free insulation, weather-stripping and air sealing added to your home by Community Teamwork, Inc. approved contractors. All weatherization work is inspected by CTI'S Energy Advisors. For more information and to determine if you qualify call CTI at 978-459-6161.

CIRCUIT BREAKER LAW
FILE INCOME TAXES

This law allows eligible seniors age 65 or over whose property taxes (or 25% of rent) exceed 10% of their annual income and who meet other qualifying criteria, in Massachusetts to take a credit on their state income taxes for real estate taxes paid on Massachusetts residential property that they rent, own or which they occupy as their principle residence. The 2007 tax year maximum credit or refund of \$900 with assessed valuation not greater than \$772,000 and a single household income with some exceptions not to exceed \$48,000 and married filing jointly not to exceed \$72,000.

If you would like more information about this law, please contact the Massachusetts Department of Revenue's Customer Service Bureau at 1-800-392-6089. We encourage all to file taxes for 2007. You must file income tax to benefit for this credit even if you do not owe state income tax.

MISCELLANEOUS
THRIFT & GIFT SHOP

The Cameron Thrift and Gift Shop is open to the general public on weekdays, from 9AM – 3PM. The January **\$1.00 an item sale** is now in progress. The sale features men's and women's clothing as well as children's wear and more. We will collect spring items beginning in March.

EMPLOYEE OF THE MONTH

Congratulations to **John Duffet**, our January employee of the month. John is one of our van drivers. He is friendly and does a great job. **Thank You, John!**

PAT ON THE BACK WINNER

Congratulations to **Marjorie Hunter**, our January Pat on the Back winner. She is very helpful organizing and providing information for trips. **Thank You, Marjorie!**

Please feel free to nominate someone you want to thank for his or her volunteer work.

MEMORY TREE

We will be leaving the Cameron Christmas tree up in order to honor the memories of deceased loved ones during the month of February. You can buy a "Memory Heart" from the Cameron front desk for \$2.00 and have it put on the tree with your loved ones name on it.

CAMERON WISH LIST

We are in need of stamps, cookies and plastic forks. An individual to lead a

beginners quilting class. Thank you for all your support.

DAY TRIPS

Call 978 692-5523 for reservation and information on the following trip.

Payment is due upon signing up for a trip. Please only register for self and spouse/companion for the trip.

Tuesday, March 25, “Foxwoods”

Price \$25, due at time of sign up. Motor Coach departs Cameron at 7:00 AM and leaves Foxwoods at 4:00 PM.

Tuesday, April 22nd, “Aqua Turf’s Give My Regards to Broadway” Hartford,

Conn. Transportation, meal and show, cost \$64 p/person, departure time TBD.

Registration and payment due by March 20, 2008.

EXTENDED TRIP

Call Mickey at 978-692-8259 for reservations and information on the following trip.

March 9-11, 2008 “Atlantic City” at the Hilton Hotel and Casino, Round trip motor coach departs from Cameron at 7 A.M. \$20 in coins and free buffet coupon, discount coupons/souvenir. Cost is \$170. pp/double occupancy. Singles \$250. Payment in full prior to February 15th.